

# WOODGRAIN JOURNAL

By April Foster

STUDIO CALICO  
JOURNALS

## STEP 01

Cut Fabrip in half using a paper trimmer. The fabrip should be 3.25x6.5". From that section, cut the fabrip lengthwise at 1.5". This leaves two pieces: 1.25x6.5" and 2x6.5"

## STEP 02

The 2" strip will be the outside binding. Lay sticky-side up on your work surface. Place covers of journal face down, about 3/4" from each edge, leaving a 1/2" gutter.

## STEP 03

Place 1.25" strip sticky side down, centered on top of the other fabrip. Press Fabrip into the gutter for a better seal.

## STEP 04

Fold ends toward center and press to seal. Now you have the covers bound together, so it's time to add the pages. Please note that the binding is not adhered to the interior pages.



## STEP 05

On the inside front cover, brush a thin layer of Mod Podge over the entire surface.

## STEP 06

Line up the edge of the cardstock to the outside edge. The cardstock piece will cover the entire inside of the chipboard covers.

## STEP 07

Repeat for back cover and set aside to dry.

Extra tips:

- Use acrylic paint on covers before you bind.
- Cover with a layer of Mod Podge for a glossy finish.
- Add sticky-notes to your pages for a fun look!
- Use elastic (sewn or knotted depending on thickness) with embellishments in your stash to create a personalized closure.



## SUPPLIES

Journal: Studio Calico; Fabric: Studio Calico fabRip; Other: Mod Podge, Foam Brush, Paper Trimmer

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